



Repton Manor Primary School

Physical Intervention Policy March 2021

Policy lead	Kayleigh Simpson
Date approved by Governing Body	March 2021
Governor signature	
Review date	March 2023

The Use of Physical Intervention at Repton Manor Primary School.

What is Reasonable Force?

- The term 'reasonable force' covers the broad range of actions used by staff that involves a degree of physical contact with pupils.
- Force is usually used either to control or restrain. This can range from guiding a pupil to safety by the arm through to restrictive physical intervention.
- 'Reasonable in the circumstances' means using no more force than is needed.
- School staff should always try to avoid acting in a way that might cause injury, but in extreme cases it may not always be possible to avoid injuring the pupil.

Physical Intervention must only be used;

- for the shortest period of time to enable a safe environment to be re-established
- after exhausting all other techniques (depending on environmental factors)
- after telling the child to stop the inappropriate behaviour
- after informing the child of what will happen if they do not stop
- after summoning assistance from other colleagues, if possible.

Who can use reasonable force?

- All members of school staff have a legal power to use reasonable force.
- This power applies to any member of staff at the school. It can also apply to people whom the Head Teacher has temporarily put in charge of pupils such as unpaid volunteers or parents accompanying students on a school organised visit.

When can reasonable force be used?

- Reasonable force can be used to prevent pupils from hurting themselves or others, from damaging property, or from causing disorder within the school.
- In a school, force is used for two main purposes – to control pupils or to restrain them.
- The decision on whether or not to physically intervene is down to the professional judgement of the staff member concerned and should always depend on the individual circumstances and take into account the needs of the child and any SEND they may have.
- Children who have shown behaviours which may require physical intervention will have a specific Risk Assessment which will take into account any SEND they may have and there will be reasonable adjustments made. Risk Assessments will be considered and changed if necessary following physical intervention.
- Reasonable force will never be used as a punishment for a child.

Recording Physical Intervention

- All incidents of physical intervention will be recorded in a bound book which will be locked in a secure cabinet (See appendix A). A copy of the physical intervention record will also be kept in the child's records.
- All physical intervention records must be signed by the Head Teacher or most senior member of staff on site, not involved in the intervention.
- All staff involved in the physical intervention must sign their involvement is accurately recorded.

- Where appropriate, the child will have the opportunity to comment and for these views to be recorded.
- All physical intervention records must be completed within 24 hours.
- Staff and students involved in the incident will receive debriefing with a member of the senior management team to give the opportunities to discuss feelings, receive emotional support and discuss reparation of relationships.

Communicating with Parents.

- Parents will always be informed if physical intervention has been needed for their child on the day by a senior member of staff.
- Parents will be required to read the written record and sign that they have read it.

Role of the Governing Body

- A representative from the governing body (Safeguarding Governor / Chair or Vice Chair) will annually review the bound copy of recorded interventions as part of their monitoring role.

Appendix A – Physical Intervention Record

PHYSICAL INTERVENTION RECORD

CHILD’S NAME		DATE OF BIRTH	
DATE OF PHYSICAL INTERVENTION		LOCATION OF INTERVENTION	
TIME INCIDENT STARTED		TIME INCIDENT FINISHED	
ADULT RESPONSIBLE FOR WRITING THIS REPORT			

This record must be completed within 24hrs of use of the Intervention.

Full Names of Staff using Physical Intervention	Signatures

Full Names of Other Staff Involved	Signatures

INTRODUCTION & ANTECEDANTS

IDENTIFY THE YOUNG PERSON’S BEHAVIOUR LEADING UP TO THE PHYSICAL INTERVENTION: PLEASE TICK

Aggressive to staff		Aggressive to other Young People		Abusive language		Bullying	
Fighting		Defiance		Sexualised Behaviour		Damage to Property	

SETTING EVENTS:

(What were the staff & young people doing, Mood of the young person, Interactions with staff & other Young people)

TRIGGER:

DE-ESCALATION, BEHAVIOUR & LAWFUL EXCUSE

DESCRIBE THE STRATEGIES USED TO AVOID THE NEED FOR PHYSICAL INTERVENTION. Please Tick							
	BEFORE	DURING	AFTER		BEFORE	DURING	AFTER
Told To Stop Behaviour				Remind Of Boundaries			
Remind Of Consequences				Remind Of Rights & Responsibilities			
Re-Direction				Active Listening			
Assertive Statements				Verbal Advice and support			
Planned Ignoring				Time Out			
Re-Structuring				Change Of Face			
Proximity/Touch Control				Distraction			
Options Explained				Negotiation			
Limited Choices				Patience			
Calm Stance				Withdrawal Offered			
Removal Of Audience				Success Reminders			
DETAIL HOW THE DE-ESCALATION STRATEGIES WERE APPLIED?							

SPECIFY THE JUSTIFICATION FOR THE PHYSICAL INTERVENTION (LAWFUL EXCUSE):			
TO PREVENT INJURY TO YOUNG PERSON		TO PREVENT INJURY TO OTHERS	
TO PREVENT DAMAGE TO PROPERTY		TO MAINTAIN GOOD ORDER	

PLEASE TICK TECHNIQUES USED AND PUT START & FINISH TIME									
	Tick	Start	Finish	Staff Initials		Tick	Start	Finish	Staff Initials
ELBOW GUIDE					T WRAP				
HELP HUG					T WRAP TO CHAIR				
SINGLE ELBOW ESCORT					SINGLE PERSON DOUBLE ELBOW				
TWO PERSON DOUBLE ELBOW					SEATED SINGLE ELBOW				
TOTAL DURATION OF THE INTERVENTION									

CONSEQUENCES

DID THE SUPPORT OFFERED RESOLVE THE SITUATION / HOW EFFECTIVE WAS THE INTERVENTION?

--

IS IT POSSIBLE THE CHILD HAD A DESIRED OUTCOME FROM THE BEHAVIOUR?

Avoidance of task		Confrontation	
Unable to express thoughts and feelings		Avoidance of a situation	
Seek or avoid attention		Other	
Details if necessary			

HOW WAS THE INTERVENTION IN THE BEST INTERESTS OF THE CHILD?

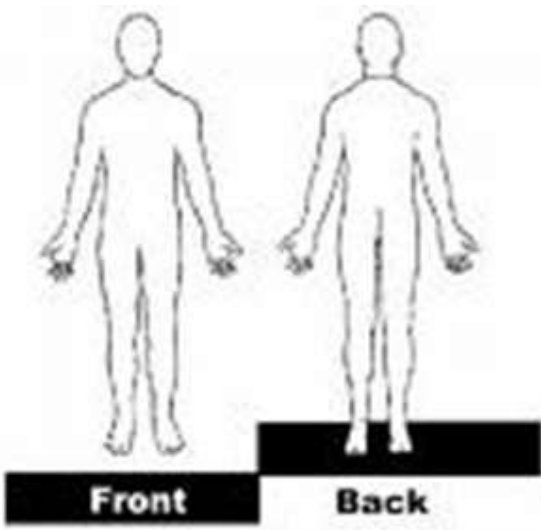
--

VIEWS OF THE CHILD

--

ANY OTHER INFORMATION

--

FIRST AID MEDICAL CHECK	OFFERED: YES / NO	ACCEPTED YES/ NO
WERE THERE ANY INJURIES SUSTAINED BY THE YOUNG PERSON?		
 <p>The diagram consists of two line drawings of a human figure. The left figure is facing forward, with a black rectangular label 'Front' centered below it. The right figure is facing backward, with a black rectangular label 'Back' centered below it. Both figures have their arms slightly away from their bodies and legs straight.</p>		DETAIL OF ANY INJURIES AND ANY FIRST AID / MEDICAL TREATMENT ADMINISTERED TO YOUNG PERSON

DETAIL BELOW IF THERE WERE ANY OTHER INJURIES SUSTAINED TO ANY OTHER ADULT OR CHILD.

REPORTING OF PHYSICAL INTERVENTION

	YES NO N/A	HOW	WHEN	BY WHOM
Head teacher / Senior Staff Member				
Parent/carer				
Placing Authority/ Social Worker				
Details of any other Agencies Informed.				

Parent / Carer Name and Signature	
-----------------------------------	--